Riverwood Center (Berrien)

Niles 684-4270 Medicaid and sliding scale www.riverwoodcenter.org

Woodlands Behavioral Health (Cass)

Cassopolis (269) 445-2451 Medicaid and sliding scale www.woodlandsbhn.org

Haelan Counseling Center

Niles 683-8972 Some Medicaid and reduced fees

Southwestern Medical Clinic Counseling & Psych. Services

Niles & Buchanan (269) 429-7727 Some Medicaid www.lakelandhealth.org/swmc

Niles Community Health Center

Medical care & Counseling: (269) 262-4749
Dental: (269) 262-4364
www.cassfamilyclinic.org

Andrews University

Berrien Springs (269) 471-6238 Free Counseling from graduate students under faculty supervision www.andrews.edu/counseling

Midwest Recovery & Wellness

Niles (269) 262-1815 www.midwestrecoveryandwellness.com

Shepard House Counseling

Cassopolis (269) 445-0999 Some Medicaid www.shepardhousecounseling.com

Northstar Center

St. Joseph (269) 982-7844 Pyschiatric services Some Medicaid and sliding scale www.northstarcenter.org

Freedom Counseling Center

St. Joseph (269) 982-7200 Some Medicaid and sliding scale www.freedomcounselingusa.com

M Longley Counseling & Consulting

Niles 687-5050 Some Medicaid and sliding scale www.mlongleycounseling.com

Psychology Associates

Mishawaka (574) 254-1700 St. Joseph (269) 983-4751 Private insurance

Center(ed) on Wellness

Niles 683-7604 Some Medicaid and sliding scale www.centeredonwellness.info

Gryphon Place

(269) 381- HELP (4357) Kalamazoo - 24 hour help line for anyone in crisis & conflict www.gryphon.org

National Suicide Prevention Lifeline

(800) 273-8255
24/7 free and confidential support
www.suicidepreventionlifeline.org
Text BRAVE to 741-741

OK2SAY

(855) 565-2729/ text 652729 Confidentially report harmful/threatening student behavior www.ok2say.com

Depression & Bipolar Support Alliance

(800) 826-3632 Support group & education www.dbsalliance.org

The ARK Shelter

Kalamazoo (800) 873-8336 Up to a 3 week voluntary stay & counseling for youth in crisis

Sonya Ansari Center for Autism

South Bend (574) 289-4831 Assists those with Autism Spectrum Disorders and their families with support, information, resources and services. www.ansaricenterforautism.org

The Out Center

(269) 925-8330 Provides support and advocacy for LGBTQ persons and their families in Berrien Cnty www.outcenter.org

Lory's Place

St. Joseph, MI (800) 717-3812 Free support services for grief www.lorysplace.org

Berrien County Health Dept.

Niles 684-2800 Shots, substance abuse, WIC

Van Buren & Cass Health Dept.

Cassopolis/Dowagiac 782-0064 Medical, dental, substance abuse

Department of Human Services

Benton Harbor (269) 934-2000 Medicaid, Healthy Kids, MIChild, food, child support, utilities www.michigan.gov/mdhhs

Disability Network, SWMI

(269) 985-0111 Resources for those with physical, cognitive or emotional disabilities www.dnswm.org

My Way There

www.mywaythere.org Helps people find transportation around Southwest Michigan

Michigan Works!

(269) 927-1799 Provides training, educational and career services to youth & adults www.michiganworks.org

Child & Adult Protective Services

1-855-444-3911

To report suspected abuse or neglect of a child or adult

St. Mary's Christian Service Center

684-0637

Assists with food and prescriptions

Safe Shelter

(269) 925-9500 Serves women & children who are victims of domestic violence

Intercare Community Health Network

1-855-869-6900 Provides medical, dental, mental health Medicaid and sliding scale www.intercare.org

Southwest MI Community Action Agency

(269) 925-9077 Emergency food, utility and temporary housing assistance www.smcaa.com

Feed America West Michigan

www.feedwm.org/findfood Mobile food pantries

Salvation Army of Niles

684-2660

Assists with food, clothing, medicine, rent, housing, furniture, utilities

Neighbor to Neighbor

(269) 471-7411/ Tues. - Thurs. Assists with food, clothing, household items www.n2nhelps.com

Emergency Shelter Services

(269) 925-1131

Serves low income and homeless women and children

Niles Community Schools



Community Resources

United Way 2-1-1

211 or 1-800-310-5454
Free and confidential community helpline available 24 hours a day, 7 days a week www.mi211.org

Parent Net

www.berriencountyparentnet.org Helps connect parents to Berrien County resources

Ferry Street Resource Center

687-9860; M & W: 10-3, T 10-1 Assists with emergency relief, DHS issues, employment, other referrals www.ferrystreet.org

Partnership for Prescription Assistance

www.pparx.org

Helps find medicine assistance programs for those without coverage

Sight for Students

vspglobal.com

Provides certificates for eye care and glasses to low-income, uninsured children

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